

TOOLBOX TALK  
NO.54

PERSONAL HYGIENE



Most of us have learned about the basics of good personal hygiene when we were children. As we have grown older, some of us may have wandered away from the basic hygiene rules and guidance. Site hygiene encourages good housekeeping, provides our workforce with clean drinking water, sanitary restrooms, and washing facilities to clean up. These practices encourage good personal hygiene and helps avoid cross contamination to protect your health and safety.

### **Housekeeping**

- Clean your working area daily; avoid the build-up of hazardous, flammable, or combustible materials.
- Remove protruding nails.
- Keep walkways, stairs, and work areas clear.
- Ensure that walking surfaces are as level as possible, and that workers have adequate fall protection from heights.

### **Toilets**

**Flush toilets after use.**

### **Washing Facilities**

All operatives are expected to meet the site standards when using the washrooms.

**NO SPITTING OR BLOWING NOSES IN THE WASH-HAND BASINS.**

Sinks/washbasins need to allow workers to wash their hands, face and forearms. Please respect the facilities provided. Lucas would expect you treat the areas as they were your own.

Clear and clean as you go.